| Police Scotland logo | Freedom of Information Response Our reference: FOI 25-2917  Responded to: 26th September 2025 |
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Your recent request for information is replicated below, together with our response.

**The numbers of officers in the force who were signed off sick with stress, depression, anxiety or post-traumatic stress disorder, each year for the last five financial years (2020/21, 2021/22, 2022/23, 2023/24, 2024/25).**

The table below sets out the number of officers who have been absent due to anxiety, depression, other stress, Post- Traumatic Stress and stress.

| **Year** | **Officer numbers absent** |
| --- | --- |
| 2020/21 | 843 |
| 2021/22 | 945 |
| 2022/23 | 1,136 |
| 2023/24 | 1,266 |
| 2024/25 | 1,373 |

If you require any further assistance, please contact us quoting the reference above.

You can request a review of this response within the next 40 working days by [email](mailto:foi@scotland.police.uk) or by letter (Information Management - FOI, Police Scotland, Clyde Gateway, 2 French Street, Dalmarnock, G40 4EH). Requests must include the reason for your dissatisfaction.

If you remain dissatisfied following our review response, you can appeal to the Office of the Scottish Information Commissioner (OSIC) within 6 months - [online](https://www.foi.scot/appeal), by [email](mailto:enquiries@foi.scot) or by letter (OSIC, Kinburn Castle, Doubledykes Road, St Andrews, KY16 9DS).

Following an OSIC appeal, you can appeal to the Court of Session on a point of law only.

This response will be added to our [Disclosure Log](http://www.scotland.police.uk/access-to-information/freedom-of-information/disclosure-log) in seven days' time.

Every effort has been taken to ensure our response is as accessible as possible. If you require this response to be provided in an alternative format, please let us know.