| Police Scotland logo | Freedom of Information Response Our reference: FOI 25-0568  Responded to: 12 March 2025 |
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Your recent request for information is replicated below, together with our response.

## How many police officers have taken sick leave during the period 01/01/2024-31/12/2024?

1,987 Police Officers were absent during this period.

## How many of those sickness absences were attributed to mental health?

1,596 Police Officers were absent due to psychological disorders.

## For police officers taking mental health related sickness within this period what were the mental health conditions cited?

The psychological disorders were as follows:

Alcohol problems, anxiety, bereavement reaction, bipolar, depression, nervous/psychological, other mental disorders, other psychological disorders, other stress, post-natal depression, post-traumatic stress and stress.

## How many serving police officers committed suicide between the period of 01/01/2024-31/12/2024?

3 Police Officers officers committed suicide while off duty during this time period.

## Could data pertaining to sickness absence, conditions and suicide be sectioned into the demographics of age, gender and rank?

I have provided tables below with the information requested above.

Please note that the total figure shown for absences during this time period was 11,987. To explain, this is due to the way our systems record information. If a Police Officer has had more than one absence in a different absence category, this is counted more than once. Also, if a Police Officer has moved into another age bracket or been promoted during 2024 that is why the figures do not balance.

|  |  |  |  |
| --- | --- | --- | --- |
| **Sex** | **Male** | **Female** | **Total** |
|  | 7,512 | 4,475 | 11,987 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Age** | **16-24** | **25-34** | **35-44** | **45-54** | **55-64** | **65+** | **Total** |
|  | 512 | 3,908 | 4,659 | 2,929 | 315 | 1 | 12,324 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Rank** | **CS/DCS** | **SUP/DSUP** | **CI/DCI** | **INSP/DI** | **SGT/DS** | **PC/DC** | **Total** |
|  | 8 | 36 | 73 | 401 | 1,525 | 10,162 | 12,366 |

If you require any further assistance, please contact us quoting the reference above.

You can request a review of this response within the next 40 working days by [email](mailto:foi@scotland.police.uk) or by letter (Information Management - FOI, Police Scotland, Clyde Gateway, 2 French Street, Dalmarnock, G40 4EH). Requests must include the reason for your dissatisfaction.

If you remain dissatisfied following our review response, you can appeal to the Office of the Scottish Information Commissioner (OSIC) within 6 months - [online](https://www.foi.scot/appeal), by [email](mailto:enquiries@foi.scot) or by letter (OSIC, Kinburn Castle, Doubledykes Road, St Andrews, KY16 9DS).

Following an OSIC appeal, you can appeal to the Court of Session on a point of law only.

This response will be added to our [Disclosure Log](http://www.scotland.police.uk/access-to-information/freedom-of-information/disclosure-log) in seven days' time.

Every effort has been taken to ensure our response is as accessible as possible. If you require this response to be provided in an alternative format, please let us know.