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| **Highlands and Islands** |
|
| **Organisation** | **Address** | **Contact Number** | **E-mail** |
|  Caithness Citizens Advice Bureau  |  7a Brabster Street, Thurso KW147AP  |  01847 894 243  | bureau@caithnesscab.casonline.org.uk |
|  Caithness Citizens Advice Bureau (Wick)  |  123 High Street, Wick, KW1 4LR |  01955 605 989  | bureau@caithnesscab.casonline.org.uk |
|  Deaf Services and Hearing Support Team, Highland Council, Social Work  |  4 Fodderty Way, Dingwall, IV15 9XB  |  01349 868 711 |   |
|  East Sutherland Citizens Advice Bureau  |  Olsen House, Main Street, Golspie, Sutherland, KW10 6SN |  01408 633 000 | advice@ecscab.org.uk |
|  Harper MacLeod LLP  |  Alder House, Cradlehall Business Park, Inverness, IV2 5GH  |  01463 795 032 |   |
|  HUG - Action for Mental Health SPIRIT Advocacy |  Cromwell Villa,23 Lotland Street IV11ST  |  01463 719 366 |   |
|  Inverness Citizens Advice Bureau  |  29 Union Street, Inverness, IV1 1QA |  01463 237 664  |   |
|  Inverness Women's Aid 2  |  Anderson Street, Inverness IV3 8DF  |  01463 220 719 |   |
|  Lochaber Citizens Advice Bureau  |  Dudley Road, Fort William PH33 6JB |  01397 705 311  |   |
|  Nairn Citizens Advice Bureau  |  6 High Street, Nairn IV12 4BJ 01667 456677  |  01667 456677 | bureau@nairncab.casonline.org.uk |
| Orkney Rape & Sexual Assault Service (O.R.S.A.S) | 26 Bridge Street, Kirkwall, Orkney, KW15 1HR | 01856 872298 | contact@orsas.scot |
|  Skye and Lochalsh Citizens Advice Bureau  |  The Green, Portree, Isle of Skye IV51 9BT  |  01478 612 032  | adviser@slcab.org.uk |
|  Sight Action  |  Beechwood House 69-71 Old Perth Road, Inverness, IV2 3JH  |  01463 233 663 | brenda.smart@highlandsensory.org.uk |
|  The Scottish Highlands & Islands and Moray Chinese Association (SHIMCA)  |  1 Ardconnel Terrace, Inverness, IV2 3AE |  07595 895 450 | shimca.org.uk@gmail.com  |
| Relationships Scotland- Orkney | 1st Floor, Kirkwall Travel Centre, West Castle Street, Kirkwall,  Orkney, KW15 1GU | 01856 877750 | enquiries@rsorkney.org.uk |
|  Victim Support Highland & Western Isles  |  Fairways House, Fairways Business Park, Inverness, IV2 6AA  |  0800 160 1985 | www.victimsupport.scot |
|  Waverley Care  |  34 Waterloo Place, Inverness, IV1 1NB  |  0134 416 989 | highland@waverleycare.org |