

Our Ref: IM-FOI-2022-2038  
Date: 07 October 2022



## **FREEDOM OF INFORMATION (SCOTLAND) ACT 2002**

I refer to your recent request for information which has been handled in accordance with the Freedom of Information (Scotland) Act 2002.

For ease of reference, your request is replicated below together with the response.

**I am aware that the Police Scotland recruitment process has recently changed, with a new fitness test comprising of a 100m run with bodyweight exercises replacing the former 1.5 mile run.**

**What date was this new fitness test introduced?**

7 June 2022

**What was the specific purpose for the change and introduction of the new test?**

To ensure equality of opportunity for all our candidates and ongoing compliance with the Equality Act.

**From the date of its introduction to the current date, how many candidates have participated in this new fitness test?**

955

**From the date of its introduction to the current date, how many candidates have passed the new fitness test?**

808

**From the date of its introduction to the current date, how many candidates have failed the new fitness test?**

147

**Which police centres are authorised to carry out these tests (names and addresses of centres)?**

The fitness tests are held at the below 2 locations

Jackton Police College  
Eaglesham Road

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Jackton  
East Kilbride  
G75 8GR

Aberdeen Police Station  
Nelson Street  
Aberdeen  
AB24 5EQ

The fitness test can also be facilitated at any location with the required ground space.

Should you require any further assistance please contact Information Management - Dundee at [foidundee@scotland.police.uk](mailto:foidundee@scotland.police.uk) quoting the reference number given.

If you are dissatisfied with the way in which Police Scotland has dealt with your request, you are entitled, in the first instance, to request a review of our actions and decisions.

Your request must specify the matter which gives rise to your dissatisfaction and it must be submitted within 40 working days of receiving this response - either by email to [foi@scotland.police.uk](mailto:foi@scotland.police.uk) or by post to Information Management (Disclosure), Police Scotland, Clyde Gateway, 2 French Street, Dalrnarnock, G40 4EH.

If you remain dissatisfied following the outcome of that review, you are thereafter entitled to apply to the Office of the Scottish Information Commissioner within six months for a decision. You can apply [online](#), by email to [enquiries@itspublicknowledge.info](mailto:enquiries@itspublicknowledge.info) or by post to Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS.

Should you wish to appeal against the Office of the Scottish Information Commissioner's decision, there is an appeal to the Court of Session on a point of law only.

As part of our commitment to demonstrate openness and transparency in respect of the information we hold, an anonymised version of this response will be posted to the Police Scotland Freedom of Information [Disclosure Log](#) in seven days' time.

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